

ICC Northern Japan Snow Adventure

Visit Snow Country in Yamagata!

Experience local exchange, farm work, nature and more!



Make a journey with the ICC into Japanese Snow Country!
Take a break from the glass and steel of Tokyo to plunge deep into the countryside of Yamagata Prefecture!
Meet a Polar Adventurer and learn more about the outdoors while making new personal discoveries and experiencing unique farming and snow activities, and local exchange.

Period: Feb. 8th (Mon) - 10th (Wed), 2010 <two nights, three days>

Destination: Mogami, Mogami Country, Yamagata Pref.

Eligibility: Waseda Students (Capacity: 30)

- (1) Those who are interested in cross-cultural exchange
- (2) Those who are highly interested in Japanese local culture in snow regions
- (3) Those who are eager to participate in local labor experiences
- (4) Those who are able to understand basic Japanese

(in principle, programs will be in both Japanese and English, however the lecture on day one will be in Japanese)

Fees: 35,000 yen

*Ski wear rental: 6,000 yen, Snow boots rental: 500 yen

*Lunch on Day 1 is not included.

What to bring (example):

Ski wear (waterproof clothing also suitable) (rental available for 6,000 yen)

Footwear suitable for walking in the snow (rental available for 500 yen)

* Detailed list to be provided to the participants

How to apply: Though Waseda-net Portal

[Waseda-net Portal] - [System Services] - [Applications] -

[ICC雪国体験合宿 在山形 ICC Northern Japan Snow Adventure in Yamagata]

Deadline: January 21, 2010 (Thu), 9:00am

*In the case of a large number of applications a random lottery will be held to decide participants, with the results being announced by email on Friday, January 22nd. Successful applicants are kindly requested to pay their participation fee by Wednesday, January 27th.



Mitsuro Oba Profile:

Adventurer. Past voyages include 6,000 km Amazon boatripe, 1,400 km Greenland west coast hike, and solo walks in Canada, Siberia, and the North and South Poles. Awarded the 4th Naomi Uemura Adventurer Award. Opened an adventure school in Mogami, Yamagata in 2001.



Program (tentative)

Dog sledding (limited numbers), Local cuisine cooking class, Farm work, Igloo building, Snow trekking, Lecture by Ichiro Oba, Exchange session with local residents

*Daily chores:

Participants are required to clean their room, bathroom, add firewood, shovel snow, help prepare meals, and clean up.

(Note) Depending on the weather condition, the itinerary may be changed to ensure the safety of the participants.

Accommodation:

Earth Academy Mitsuro Oba Adventure School
<http://www.ohba-mitsuro.com/>
2135 Oaza Mukai-cho, Mogami-cho, Mogami-gun, Yamagata-ken

*Individual bedrooms not provided.

Check out the website <http://www.waseda-icc.jp/eng/?p=1490>

お問合せ: ICC TEL: 03-5286-3990 E-mail: field-trip@list.waseda.jp